Web site: www.linedancerweb.com
E-mail: admin@linedancerweb.com

One Life, One Love

32 Count, 2 Wall, Improver
Choreographer: Guillaume Richard (FRD) Jan 2017 Choreographed to: Don't Let This Feeling Fade by Lindsey Stirling

## Start of the dance: After 16 counts

## Section 1 Step \& Heel Fans X2 - Step $1 / 2$ Turn - Coaster Step

1\&2\&: $\quad$ Step RF forward - Spread heels outside - Back with the heels in - Step RF next to LF
3\&4\&: $\quad$ Step LF forward - Spread heels outside - Back with the heels in - Step LF next to RF
5-6: $\quad$ Step RF forward - Making $1 / 2$ turn $L$ and keep weight on RF
7\&8: $\quad$ Step LF backward - Step RF next to LF - Step LF forward

## Section 2 Scuff - Step - Weave - Swivel With Arms Movement

1-2: $\quad$ Scuff RF - Step RF to $R$ (make a $3 / 4$ circle with your arms by $L$ side and finish with arms at shoulders height)
3\&4: $\quad$ Cross LF behind RF - Step RF to $R$ - Cross LF over RF (keep your arms as count 2)
5\&6: $\quad$ Step $R F$ to $R$ with $R$ toe in $-R$ toe out (arms as count 2 ) - Keep arms parallel pushing them down and turn your face down with
7\&8: $\quad R$ toe in - $R$ heel in (keep arms as count 6 ) - $R$ toe back in the middle (Lay hands on top of each other at shoulder height)

Section $3 \quad$ Cross - Side - Weave - Triple Full Turn - Pony Steps Back
1-2: $\quad$ Cross RF over LF - Step LF to L
3\&4: $\quad$ Cross RF behind LF - Step LF to L - Cross RF over LF
5\&6: $\quad$ Making $1 / 2$ turn $L$ stepping $L F$ forward - Step RF next to $L F$ - Making $1 / 2$ turn $L$ stepping LF forward (full turn on site)
7\&8: $\quad$ Step RF backward and hitch L knee - Step LF next to RF - Step RF backward and hitch L knee
Section 4 Coaster Step - Scoot - Scuff \& Touch - Rock Back
1\&2: $\quad$ Step LF backward - Step RF next to LF - Step LF forward
3\&4: $\quad$ Scuff RF - Hitch R knee (with a little jump) - Step RF forward
5\&6: $\quad$ Scuff LF - Step LF forward - Touch R toe behind LF
7-8: $\quad$ Put weight on RF (Put your hands on top of each other at shoulder height and look back in the same time) - Recover on LF

Tag: At wall 6, do the next 8 counts following the beat of the music
1-2-3\&4: $\quad$ Stomp RF - Clap your hands - Stomp LF - Clap your hands - Clap your hands
5-8: $\quad$ Repeat the first 4 counts

