



Approved by:

Yvonne Anderson

This Is Me

4 WALL – 64 COUNTS – IMPROVER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 – 2 3 – 4 5 – 6 7 – 8	Side, Touch, Side, Touch, Side, Together, Side, Touch Step right to right side. Touch left toe beside right. Step left to left side. Touch right toe beside left. Step right to right side. Close left beside right. Step right to right side. Touch left toe beside right.	Right Touch Left Touch Side Together Side Touch	Right Left Right
Section 2 1 – 2 3 – 4 5 – 6 7 – 8	Side, Touch, Side, Touch, Side, Together, 1/4 Turn, Hold Step left to left side. Touch right toe beside left. Step right to right side. Touch left toe beside right Step left to left side. Close right beside left. Turn 1/4 left stepping left forward. Hold. (9:00)	Left Touch Right Touch Side Together Quarter Hold	Left Right Left Turning left
Section 3 1 – 4 Option 5 – 8	Triple Step Full Turn, Hold, Mambo Forward With Sweep Triple step full turn left, stepping - right, left, right (travels forward). Hold. (9:00) Replace full turn with Right shuffle forward. Rock forward on left. Rock back on right. Step left back. Sweep right out and round.	Triple Full Turn Hold Mambo Step Sweep	Turning left On the spot
Section 4 1 – 4 5 – 8	Back, Sweep, Back, Sweep, Coaster Step, Hold Step right back. Sweep left out and round. Step left back. Sweep right out and round. Step right back. Step left beside right. Step right forward. Hold.	Back Sweep Back Sweep Coaster Step Hold	Back On the spot
Section 5 1 – 4 5 – 8	Step, Pivot 1/2, Step, Hold, Side Rock Cross, Hold Step left forward. Pivot 1/2 turn right. Step left forward. Hold. (3:00) Rock right to right side. Recover onto left. Cross right over left. Hold.	Step Pivot Step Hold Side Rock Cross Hold	Turning right On the spot
Section 6 1 – 4 5 – 6 7 – 8 Restart	Side Rock, Cross, Hold, Side, Behind, 1/4 Turn, Hold Rock left to left side. Recover onto right. Cross left over right. Hold. Step right to side. Cross left behind right. Turn 1/4 right stepping right forward. Hold. (6:00) Wall 5: Replace Hold with Step left beside right and start the dance again (6:00).	Side Rock Cross Hold Side Behind Quarter Hold	On the spot Right Turning right
Section 7 1 – 4 5 – 8	Step, Pivot 1/2, 1/4 Turn, Behind, 1/4 Turn, Step, Hold Step left forward. Pivot 1/2 right. Turn 1/4 right stepping left to side. Hold. (3:00) Cross right behind left. Turn 1/4 left stepping left to side. Step right forward. Hold.	Step Three Quarter Hold Step Quarter Step Hold	Turning right Turning left
Section 8 1 – 2 3 – 4 7 – 8	Mambo 1/2 Turn, Hold, Step, Pivot 1/4, Touch, Hold Rock forward on left. Rock back on right (prep for turn). Turn 1/2 left stepping left forward. Hold. (6:00) Step right forward. Pivot 1/4 turn left. Touch right beside left. Hold. (3:00)	Mambo Half Hold Step Pivot Touch Hold	Turning left
Ending 1 – 4	Wall 8, Count 32: Step, Pivot 1/2, Cross, Hold Step left forward. Pivot 1/4 turn right. Cross left over right. Hold and smile!	Step Pivot Cross Hold	Turning right

Choreographed by: Yvonne Anderson (UK) July 2013

Choreographed to: 'This Is Me Missing You' by James House from CD Days Gone By; download available from amazon or iTunes (start on main vocals)

Restart: One Restart during Wall 5



A video clip of this dance is available at www.linedancermagazine.com