

# All That I Know

**COPPER** **KNOB**  
BY THE POST

Count: 32

Wall: 4

Level: Improver

Choreographer: Kim Ray (UK) - March 2020

Music: All That I Know by Nadine Coyle / 3:32 mins / 130 bpm



## #8 counts Intro

### S1: RUMBA BOX, KICK

- 1-2 Step right to right side, step left next to right
- 3-4 Step forward on right, touch left next to right
- 5-6 Step left to left side, step right next to left
- 7-8 Step back on left, kick right forward (12:00)

### S2: COASTER STEP, STEP FORWARD, ROCKING CHAIR

- 1-2 Step back on right, step left next to right
- 3-4 Step forward on right, step forward on left
- 5-6 Rock forward on right, recover back on left
- 7-8 Rock back on right, recover forward on left (12:00)

### S3: PIVOT ½ TURN LEFT, RUN FORWARD, ¼ TURN LEFT, STEP RIGHT SIDE, HOLD, ROCK BACK/RECOVER

- 1-2 Step forward on right, ½ pivot turn left (6:00)
- 3-4 Run forward on right, run forward on left (OR full turn left travelling forward)
- 5-6 ¼ turn left stepping right to right side, hold (3:00)
- 7-8 Rock back on left, recover forward on right

### S4: SIDE, BEHIND, ¼ TURN LEFT, ¼ TURN LEFT SCUFF, STEP TOUCH, STEP TOUCH

- 1-2 Step left to left side, cross right behind left
- 3-4 ¼ turn left stepping forward on left, scuff right forward (12:00)
- 5-6 ¼ turn left stepping right to right side, touch left toe next to right (9:00)
- 7-8 Step left to left side, touch right toe next to left

Start again .....

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