

# HEAD OVER HEELS

**Count:** 56

**Wall:** 2

**Level:** beginner/intermediate

**Choreographer:** Andrew Palmer & Simon J. & Sheila A. Cox

**Music:** Head Over Heels by ABBA

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## **WALK, WALK, KICK-BALL-CHANGE, PIVOT ½, KICK-BALL-CHANGE**

1-2 Step right forward, step left forward  
3&4 Right kick ball change  
5-6 Step right forward, turn ½ left (weight to left, 6:00)  
7&8 Right kick ball change

## **ROCK, RECOVER, COASTER-STEP, TOE-STRUT, TOE-STRUT**

1-2 Rock right forward, recover to left  
3&4 Coaster step right, left, right  
5-6 Step left toe forward, drop left heel  
7-8 Step right toe forward, drop right heel

## **ROCK, RECOVER, SHUFFLE ½, PIVOT ¼, CROSS-SHUFFLE**

1-2 Rock left forward, recover to right  
3&4 Triple in place turning ½ left and step left, right, left (12:00)  
5-6 Step right forward, turn ¼ left (weight to left, 9:00)  
7&8 Crossing shuffle right, left, right

## **ROCK, RECOVER, WEAVE, ROCK, RECOVER, WEAVE**

1-2 Rock left to side, recover to right  
3&4 Cross left behind right, step right to side, cross left over right  
5-6 Rock right to side, recover to left  
7&8 Cross right behind left, step left to side, cross right over left

## **MAMBO, MAMBO, ROCK, RECOVER, SHUFFLE ½**

1&2 Rock left to side, recover to right, step left in place  
3&4 Rock right to side, recover to left, step right in place  
5-6 Rock left forward, recover to right  
7&8 Triple in lace turning ½ left and step left, right, left (3:00)

## **ROCK, RECOVER, SHUFFLE ½, PIVOT ½, KICK-BALL-CHANGE**

1-2 Rock right forward, recover to left  
3&4 Triple in place turning ½ right and step right, left, right (9:00)  
5-6 Step left forward, turn ½ right (weight to right, 3:00)  
7&8 Left kick ball change

## **PIVOT ¼, KICK-BALL-CHANGE, ROCK, RECOVER, COASTER-STEP**

1-2 Step left forward, turn ¼ right (weight to right, 6:00)  
3&4 Left kick ball change  
5-6 Rock left forward, recover to right

7&8            Coaster step left, right, left

**REPEAT**

**RESTART**

**Facing back wall on wall 3, dance up to count 14 (left toe-heel strut), then add:**

**15-16            Step right forward, turn ½ left (weight to left, 12:00)**

**Then start dance again**

**Facing front wall on wall 6, dance up to count 4 (right kick-ball-change), then**

**add:**

**5-8            Step right forward, turn ½ left (weight to left, 6:00), step right forward,  
turn ½ left (weight to left, 12:00)**

**Then start dance again**