

Knock Off

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Note: Choreographed at Winslow's Festival



Type of dance: 52 counts, 2 walls, intermediate
 Music: **Knock off** by Jess Moskaluke. 124 bpm. Track length: 3.05 min. Buy on iTunes etc
 Intro: 24 counts from very first beat in music. App. 11 secs. into track. Start with weight on L foot
 2 restarts: 1st) On wall 3 (starts at 12:00), after 16 counts, facing 3:00. Turn ¼ L to restart the dance facing 12:00 again 😊
 2nd) On wall 4 (starts at 12:00), after 32 counts, facing 12:00 again 😊

| Counts | Footwork | End facing |
|----------------|---|------------|
| 1 – 8 | R side rock, together, L side rock, behind side cross, R side rock, recover ¼ L | |
| 1 – 2& | Rock R to R side (1), recover on L (2), step R next to L (&) | 12:00 |
| 3 – 4 | Rock L to L side (3), recover on R (4) | 12:00 |
| 5&6 | Cross L behind R (5), step R to R side (&), cross L over R (6) | 12:00 |
| 7 – 8 | Rock R to R side (7), recover on L with ¼ L (8) | 9:00 |
| 9 – 16 | R shuffle fwd, tap ½ turn R, R back rock, R kick ball change | |
| 1&2 | Step R fwd (1), step L behind R (&), step R fwd (2) | 9:00 |
| 3&4 | Turn ¼ R on R touching L next to R (3), turn ¼ R and lift L foot up and scoot back slightly on R foot (&), step back on L (4) ... <i>Easy option: shuffle ½ R backwards</i> | 3:00 |
| 5 – 6 | Rock back on R (5), recover on L (6) | 3:00 |
| 7&8 | Kick R fwd (7), step R next to L (&), change weight to L (8) ... * <i>Restart here on wall 3</i> | 3:00 |
| 17 – 24 | R&L heel switches, stomp R fwd, Hold, L&R heel switches, stomp L fwd, Hold | |
| 1&2& | Touch R heel fwd (1), step R next to L (&), touch L heel fwd (2), step L next to R (&) | 3:00 |
| 3 – 4 | Stomp R fwd (3), HOLD (4) | 3:00 |
| 5&6& | Touch L heel fwd (5), step L next to R (&), touch R heel fwd (6), step R next to L (&) | 3:00 |
| 7 – 8 | Stomp L fwd (7), HOLD (8) | 3:00 |
| 25 – 32 | R shuffle fwd, step ½ R, ¼ R into L chasse, R back rock | |
| 1&2 | Step R fwd (1), step L behind R (&), step R fwd (2) | 3:00 |
| 3 – 4 | Step L fwd (3), turn ½ R onto R (4) ... <i>Ending: comes here, see bottom of step sheet for info</i> | 9:00 |
| 5&6 | Turn ¼ R stepping L to L side (5), step R next to L (&), step L to L side (6) | 12:00 |
| 7 – 8 | Rock back on R (7), recover fwd onto L (8) ... * <i>Restart here on wall 4</i> | 12:00 |
| 33 – 40 | R kick & L tap & R kick & L heel & R tap & L heel & R kick ball step | |
| 1&2& | Kick R fwd (1), step down on R (&), tap L toes behind R foot (2), step back on L (&) | 12:00 |
| 3&4& | Kick R fwd (3), step back on R (&), touch L heel fwd (4), step down on L (&) | 12:00 |
| 5&6& | Tap R toes behind L foot (5), step back on R (&), touch L heel fwd (6), step down on L (&) | 12:00 |
| 7&8 | Kick R fwd (7), step R next to L (&), step L fwd (8) | 12:00 |
| 41 – 48 | R rock fwd, R full triple turn, L rock fwd, shuffle ½ L | |
| 1 – 2 | Rock R fwd (1), recover back on L (2) | 12:00 |
| 3&4 | Turn ½ R stepping R fwd (3), step L next to R (&), turn ½ R stepping R slightly fwd (4) | 12:00 |
| 5 – 6 | Rock L fwd (5), recover back on R (6) | 12:00 |
| 7&8 | Turn ¼ L stepping L to L side (7), step R next to L (&), turn ¼ L stepping L fwd (8) | 6:00 |
| 49 – 52 | Step out RL, heel bounces | |
| 1 – 2 | Step R a small step out to R side (1), step L a small step out to L side (2) | 6:00 |
| &3&4 | Lift heels off the floor (&), step heels down (3), lift heels off the floor (&), step heels down (4) | 6:00 |
| | Start Again! | |
| Ending | Wall 8 is your last wall. It starts facing 6:00. Do up to count 26, then change the ½ R to a step ¼ R and cross L over R to finish the dance facing 12:00 again 😊 | 12:00 |